

June 2020

Dear Parents,

Welcome to Pre-K4 at San Jose Episcopal Day School! We are so excited to meet you and your child. We look forward to a year full of learning, exploring, faith and fun. We are often asked what children can do over the summer to help prepare for a successful start in Pre-K4. Below are a few suggestions of things to think about and practice over the summer. Please do not feel as though your child needs to master these things before our year together - these are simply suggestions to help prepare your child for an easy transition into the Pre-K4 classroom.

Language and Literature

- Review recognition of upper case letters
- Practice writing first name
- Read with your child each night. (Alphabet books are a great way to learn letters!)

Mathematics

- Review recognition of numbers 1-10
- Practice one to one correspondence (for example, give your child a number and have them build the number with blocks, beans, straws, etc)

Social & Physical Development

- Have them practice dressing themselves completely each morning. Near the end of summer, have them practice putting on their uniform, including (boys) practicing being able to put on/take off their belts during bathroom breaks
- Clean up after themselves, including after meal and playtime
- Practice coloring inside of the lines and using more than one color for pictures. Usually, we go by the rule of using as many crayons (or more) as years old you are. (If you are 4, there are at least 4 colors in your picture.)
- Practice fine motor skill work to build hand strength for writing. Practice putting beans into a cup with tweezers, or wetting coins and having them use their thumb and pointer finger to pick them up off of the table. Practicing with lacing, buttons and snaps are also good ways to build their fine motor control.
- Practice holding and using child-size scissors. Draw straight lines, zig-zag lines, wavy lines and shapes for your child to practice cutting. Save magazines and mail circulars for your child to cut out pictures for practice.

Summer is also a time to relax and spend time with family. We hope you find these suggestions helpful. Many of these skills can be turned into games that will be fun to complete together. Have a wonderful summer. We can't wait to see you at "Meet Your Teacher" in August!

Sincerely,
Your Pre-K4 Teachers