



Resources for Families during COVID-19

Video



Video



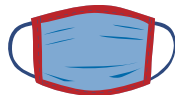
How to Talk to Kids
About COVID-19



Teaching
Handwashing



Masks and Face
Coverings for Kids



[A special message from Father Britt](#)

[A few words from Dr. Justin D'Arienzo](#)

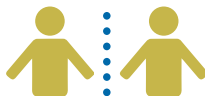
- [Child Mind Institute: Talking to Kids About the Coronavirus](#)
- [Nemours: How to Talk to Your Child About COVID-19](#)
- [Video: Baby Shark Handwashing Song](#)
- [Washing Hands Rap](#)
- [The Wiggles Handwashing Song](#)
- [20 Second Song](#)
- [Jose the Bear/School Prayer](#)
- [Masks and Face Coverings for Kids](#)
- [Parenting.com Best Face Masks for Kids](#)
- [We Wear Masks](#)
- [How to Wear a Fabric Mask Safely](#)

**Books to read with
Kids about COVID-19**



- [Doctor Li and the Crown-Wearing Virus](#), by Francesca Cavallo
- [Corona Virus: A Curious Guide for Courageous Kids](#), by Pleiadi and the network of Italian Children's Museums in collaboration with Art Jameel
- [A Kids Book About Coronavirus](#)
- [Coronavirus: A Book for Children](#), by Elizabeth Jenner, Kate Wilson, and Nia Roberts
- [COVIBOOK](#), by Manuela Molina
- [My Hero is You, How Kids can Fight COVID-19](#), by Inter-Agency Standing Committee
- [Rainbows in Windows](#), by Yumi
- [Be a Coronavirus Fighter](#), by Songju Ma Daemicke
- [Staying Home](#), by Sally Nicholls
- [The Princess in Black and the Case of the Coronavirus](#), by Shannon Hale & Dean Hale
- [The House We Sheltered In](#), by Freeman Ng
- [The Virus-Stopping Champion](#), by Hilary Rogers
- [I Love You](#), by Michael Ross
- [Count Cough-Ula](#), by Michael Ross

Socially Distancing



- [14 Yard Games to Play Socially Distanced](#)
- [21 Social Distancing Games](#)
- [Guide to Socially Distanced Outdoor Games](#)
- [Helping Kids Understand Social Distancing](#)
- [Brain Pop Socially Distancing Video](#)
- [Time to Come in Bear Video](#)

Mindfulness/Yoga for Kids



Ideas for Youth Participating Virtually to Connect



- [Yoga for Kids](#)
- [Yoga for Kids with Adriene](#)
- [Zen Den Mindfulness for Kids](#)
- [Breathing Exercise for Kids](#)
- [Sample Sleep Meditation for Young Children](#)
- [Meditate while walking the SJEDS Labyrinth](#)

- Geocaching: Leaving items for other kids to find in the neighborhood
- Assign each other scavenger hunts and share the findings
- Watch a Bob Ross video and complete his paintings together
- Virtual Book Club Meeting
- Virtual Crafting Hangout
- Virtual Baking Competition
- Virtual Pictionary, Battleship, or BINGO
- Play [Kahoots](#) together
- Play [Scrabble Go](#) against a friend
- [Article about Animal Crossing, Board Game Area, Dungeons & Dragons, and Table Top Stimulator and other interactive online games for kids](#)
- Mailing each other notes and packages
- Play board games together on Play Station
- Have a [Netflix Party](#)

Other Useful Websites



- [American Academy of Pediatrics, Healthy Children](#)
- [CDC](#)
- [Nemours: Children and COVID-19](#)

Contributors



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